



# Tales from the Farmyard

## Activity 7 - Make a Loaf of Bread

### Simple Bread Recipe

#### Ingredients

1.5kg bag plain flour  
2 sachets of dried yeast  
900ml warm water  
1 tbsp salt

You will need a bowl, some clingfilm, a baking tray

#### Method

STEP 1 sieve the flour, salt and yeast into a bowl

STEP 2 add the warm water

STEP 3 mix well together to form a dough

STEP 4 knead the dough

STEP 5 leave the dough to rise in a covered bowl

STEP 6 dust your hands with flour and roll the dough into a ball, place it on a lined baking tray.

STEP 7 bake in a preheated oven 220 degrees C for 25 to 30 minutes. The loaf should look golden brown and sound hollow when tapped underneath.

STEP 8 once the loaf has fully cooled slice it and enjoy what you have made with friends!